

Course Description

Leisure & Lifestyle Skill Set – Planning and Delivery CHC08

This skill set includes 4 units from the Community Services Training package. This training enables qualified workers to move into the planning and delivery of programs to support people to meet their leisure and recreational needs. Upon completion of this course students will be issued with a Statement of Attainment supporting employment as an Activities Officer, Community Leisure Officer, Recreation Activities Officer.

Occupational Roles & Duties:

Employees within the Aged Care Sector job roles and titles vary across different industry sectors. Possible job titles relevant to this course include:

- Activities Officer
- Community Leisure Officer
- Recreation Activities Officer

Some important things you should consider before commencing this course are:

- **Commitment** to the allocated training days and related activities including assessment tasks and class projects
- **Reading and Writing** – learners will need to be able to read and comprehend a range of simple texts and write a range of short texts in a number of contexts which may be interrelated.
- **Oral Communication** – learners should be able to use and respond to language around every-day subject matter, which may include some unfamiliar aspects for a range of purposes in a number of contexts which may be interrelated.
- **Numeracy and Maths** – learners should be able to deal easily with straightforward calculations either manually and/or using a calculator.
- **Desirable personal qualities** for people considering the Community Services industry include:
 - Good communication skills
 - Likes to work indoors
 - Likes structured workplaces



- Enjoys working in a team environment
- Can take directions

Prerequisite requirements – There are no prerequisites to this skill set.

Pathways from the qualification to further study:

Up skill from your current qualification to a much in demand skill set required in local Aged Care facilities.

Licensing, Legislative, Regulatory or Certification Considerations:

There is no direct link between this qualification and licensing, legislative and/or regulatory requirements. However, where required, a unit of competency will specify relevant licensing, legislative and/or regulatory requirements that impact on the unit.

What units will I be studying?

Competency Code	Competency Name	Competency Summary
CHCGROUP403D	Plan and conduct group activities	This unit describes the knowledge and skills required to participate in, establish and lead a range of informal and formal groups in a variety of settings This unit may be applied to group work in a range of community service settings
CHCRH401B	Work effectively in the Leisure and health industry	This unit describes the knowledge and skills required to work in a context within which leisure and health work occurs and to effectively support its role in enhancing well being This unit may apply to community services work in a range of contexts
CHCRH402A	Undertake leisure and health programming	This unit describes the knowledge and skills required to work with health practitioners and other relevant people to create, plan, coordinate, deliver and evaluate appropriate leisure and health activities and programs for individuals and groups This unit may apply to community services work in a range of contexts
CHCOHS312B	Follow safety procedures for direct care work	This unit is specifically designed to cater for safety aspects of work involving delivery of services in aged care, home and community care and disability services The unit focuses on maintaining safety of the worker, the people being supported and other community members